



BRIGHTON
SECONDARY COLLEGE

ARTWORK BY ALEXANDRA FUENTES

YEAR 7 & 8 HANDBOOK





2025 TERM DATES

TERM 1

29TH JANUARY
4TH APRIL

TERM 2

22ND APRIL
4TH JULY

TERM 3

21ST JULY
19TH SEPTEMBER

TERM 4

6TH OCTOBER
19TH DECEMBER

CONTENTS

WELCOME TO THE JUNIOR SCHOOL	5
VISION & VALUES	7
ATTITUDES TO LEARNING	9
THE PROCESS OF LEARNING	10
YEAR 7 & 8 CURRICULUM	13
CAMP	17
SPORT	19
INSTRUMENTAL MUSIC	19
STUDENT EXPERIENCE	21
JUST FOR JUNIOR SCHOOL	23



WELCOME TO THE JUNIOR SCHOOL

Starting a new school, whether it is beginning secondary school or relocating to a new learning environment, is a daunting time for both children and parents. At Brighton Secondary College our staff are committed to transitioning families and ensuring that you and your children will be welcomed into our richly diverse, nurturing and supportive College.

First and foremost, Brighton Secondary College is a place of opportunity where everyone collaborates with respect, compassion and the endeavour to achieve personal excellence.

Our new purpose built Junior School building will provide Year 7 and 8 students with their own area within our College. The various learning spaces will allow our teachers to use a wide variety of pedagogical approaches with the purpose of creating critical thinkers, problem solvers and students who are confident to be users of knowledge as well as learners of it.

A strong start begins in Year 7 and sets the framework for fostering a child's attitude to learning, which will build confidence and self-esteem and equip them with their unique attributes that will support their secondary school experience.

The journey to achieve personal excellence is one that develops and grows as a child begins to understand their unique strengths and we are with them every step of the way. At Brighton Secondary College not only do we encourage children to embrace their talents but also encourage them to strive towards achieving personal growth in all areas, arming them with an expansive skill-set for life-long learning and readiness, resilience and resourcefulness to succeed in all their personal endeavours, in studies and beyond in the world of work.



VISION & VALUES

VISION

Brighton Secondary College is a safe place where all have the opportunity to achieve personal excellence through collaboration based on respect, empathy, and integrity.

MISSION

Our mission at Brighton Secondary College is to develop future-ready global citizens.

We strive to prepare young people to thrive and contribute in the world beyond school. We do this by creating responsible, empathetic citizens who are adaptable, life-long learners and critical thinkers.

VALUES

RESPECT

- We treat others as we would like to be treated
- We take pride in and respect ourselves and our environment
- We accept and celebrate difference and diversity

EXCELLENCE

- We strive for personal best in all pursuits
- We take pride in what we do
- We make the most of all opportunities we are given

CURIOSITY

- We strive for understanding
- We encourage learning through exploration
- We question and seek solutions

INTEGRITY

- We take ownership for our actions and embrace constructive feedback
- We follow through on our intentions
- We are honest and transparent

TEAMWORK

- We share knowledge and harness our collective strengths
- We collaborate with others to work towards common goals
- We believe everyone has a responsibility to contribute

EMPATHY

- We are sensitive to the needs of others
- We try to understand the needs of all in our school community
- We listen in order to understand



YEAR 7 & 8 CURRICULUM

WHOLE YEAR STUDIES (PERIODS PER WEEK)

ENGLISH	MATHEMATICS	SCIENCE	HUMANITIES	JAPANESE	PHYSICAL & HEALTH EDUCATION	PHYSICAL & SPORT EDUCATION (PASE)	24
5	5	3	3	3	3	2	

SEMESTER UNITS (PERIODS PER WEEK)

YEAR 7	FOOD	ART	MUSIC	DRAMA	3 + 3
YEAR 8	ART	MEDIA	TECHNOLOGY	SUSTAINABLE DEVELOPMENT GOALS	
	3	3	3	3	

30 LESSONS



SEAL PROGRAM

Our **SELECT ENTRY ACCELERATED LEARNING PROGRAM (SEAL)** is designed to enrich and extend high-ability students through a curriculum that emphasises deeper, more complex content. This engaging and fast-paced program challenges gifted students academically while also fostering their social, emotional, and mental development. With a strong focus on critical thinking, creativity, and problem-solving, students are encouraged to explore new ideas and reach their full potential.

The program has a proven track record of delivering outstanding academic results, equipping students with the skills and confidence to excel in their future studies and careers.

For more information please contact Jess De Neef our Leading Teacher for SEAL; DEJ@brightonsc.vic.edu.au



CAMP

The transition process from primary to secondary schooling is exciting, although for some it can be stressful. In order to help your child settle quickly into secondary school life, we start the year with an camp that we expect each student to participate in.

The aim of the junior camps is to provide students with a unique chance to adjust to a new environment and form friendships with their new cohort. It will also enable teachers to get to know their students in a more relaxed and less structured environment.

PLEASE NOTE: WE RECOMMEND YOU HOLD PERSONAL HEALTH INSURANCE AND AMBULANCE COVER FOR YOUR CHILD WHILE THEY ARE ON CAMP.

YEAR 7 CAMP - CAMP WILKIN IN ANGLESEA

Camp Wilkin is located in Anglesea, on the coast south-west of Melbourne. The camp is set in bush surroundings and is just a short walk from the beach and river. Facilities at the campsite are excellent. They include tennis courts, basketball and netball courts, beach volleyball, a high and low ropes course, trampoline, billiard tables and an indoor gymnasium. Students will also be instructed in surfing and kayaking by fully trained staff.

The year level divided into two groups, each spending three days / two nights at the camp. You will be advised beforehand which group your child will participate in.

We recommend this camp to all students knowing that each will learn new skills and have an enjoyable time getting to know their peers and teachers.

CAMP ACTIVITIES

- Surfing
- High Ropes Course
- Water Slide
- Table Tennis
- Tennis
- Game Wall
- Flying Fox
- Kayaking
- Initiative Activities
- Beach Volleyball
- Basketball
- Trampolining
- Climbing Wall

THE CAMP WILKIN EXPERIENCE IS CLASSIFIED AS A TECH-FREE CAMP. NO MOBILE PHONES OR ELECTRONIC DEVICES ARE PERMITTED.



SPORT

Sport is an integral part of the College program, with many sporting opportunities available for students. PASE is a compulsory subject for Year 7 and 8 students. In Year 9 students study Health and Physical Education as core, and senior school students can choose Physical Education as an elective. Brighton Secondary College boasts a full sand multisport Astroturf as well as a large enclosed multipurpose gymnasium. Students in Years 7-9 must wear their full sports uniform to school on days when Physical Education or PASE is scheduled.

PHYSICAL ACTIVITY AND SPORT EDUCATION - PASE

Terms 1, 2 and 3 provide the opportunity for students to play in an inter school sport competition throughout the Kingston Sports Division.

During Term 4 all Year 7 students will take part in a compulsory five week swimming program. Our Year 8 students train for and then play in a round robin day against the other schools in the Kingston Sports Division.

SPORT OPTIONS:

- | | | | |
|--------------|----------------|---------------------|----------------|
| • Cricket | • Football | • Handball | • Hockey |
| • Baseball | • Netball | • Super 8's Cricket | • Basketball |
| • Softball | • Soccer | • Lacrosse | • Futsa |
| • Volleyball | • Badminton | • Ultimate Frisbee | • Touch Rugby |
| • Tennis | • Martial Arts | • Lawn Bowls | • Table Tennis |
| • Dance | • Handball | • Cycling | |

INSTRUMENTAL MUSIC

Instrumental Music is optional for all students. Lessons are conducted once per week with a highly qualified instrumental music teacher. Lessons are timetabled on a rotating roster so students do not miss the same scheduled classroom subject each week. In addition to their weekly instrumental lesson, students may take part in the band program. Bands rehearse once a week at lunch time or after school.

Students can select from a range of instruments including Saxophone, Flute, Clarinet, Trumpet, Trombone, Cello, Violin, Viola, Double Bass and Bass Guitar.

Please note also, that any hiring of instruments will incur an additional charge.



STUDENT EXPERIENCE

HOUSE SYSTEM

You will be placed in one of four houses when you first start at Brighton Secondary College. If you have an older sibling at the school, you will be in the same House. Our school houses are:



HOUSE ACTIVITIES:

Cross Country
Swimming
Athletics
Chorals
Lunchtime Activities:
Sport Competitions

LEADERSHIP OPPORTUNITIES

Junior College Captains
Junior House Captains
Class Captains
Student Representative Council (SRC)



JUNIOR SCHOOL

START PROGRAM

The School Transition and Resilience Training (START) program is conducted during Term 2. Each Year 7 class will spend one day with the student wellbeing team, doing a range of activities that are designed to educate students about the pathways to physical and emotional strength.

The three themes that are explored over the course of the day are Self-Worth, Self-Control and Self-Care.

Self-Worth includes an exploration of the strengths that underpin each unique personality, attention to “self-talk” which can undermine our sense of worth, and introducing the concept of resilience as the capacity to “bounce back” when facing life’s challenges.

Self-Control includes the teaching of strategies to manage difficult thoughts and emotions, including the link between our thinking and the subsequent emotional responses. We also introduce students to the concept of mindfulness – the capacity to pay attention to present reality rather than the mental commentary of our thoughts.

Self-Care is a very practical session that explores the link between stress/anxiety and physical ill-health, includes a meditation/relaxation exercise and seeks to educate students regarding the significance of healthy eating behaviour, physical exercise and sleep patterns.

STUDY HALL

Often the transition from primary to secondary school can be quite daunting and at times some students may find it difficult to finish all of the set work in class and also have difficulty completing homework.

It is essential that good study habits begin early, as this is the best way to ensure that students don’t find themselves struggling to keep up. In order to assist every student to successfully meet the demands of new subjects and help them develop organisational skills, we run study hall (student homework) sessions.

These sessions will take place every Monday and Wednesday afternoon from 3:30pm - 4:15pm in the Library. All students are welcome to attend and will be supervised by a teacher.

All students can benefit from these sessions and we strongly encourage them to make productive use of this time.

CLASS CHALLENGES

Year 7 and 8 classes get involved in lunchtime activities where students can volunteer to win class points for a semester reward. Class points are also awarded for class achievements by their Transition class teachers. This helps to build bonds within the respective classes and assists students to successfully integrate into the college. Core college values such as teamwork, respect, and excellence are modelled and encouraged.



BRIGHTON

SECONDARY COLLEGE

Address - 120 Marriage Road, Brighton East VIC 3187

Telephone - 03 9592 7488

Email - brighton.sc@education.vic.gov.au

Website - www.brightonsc.vic.edu.au